



## **RUQYAH QURANIC TREATMENT**

*A REMEDY FOR SPIRITUAL AFFLICTIONS*

**SORCERY**

**JINNS**

**EVIL EYE**

وَكَانَ حَقًّا عَلَيْنَا نَصْرُ الْمُؤْمِنِينَ

And it was incumbent upon us to help the believers.

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## Introduction

I begin in the blessed name of Allah, the most gracious, the most merciful. I send salaam and salaam upon our beloved prophet Muhammad (sw). I seek refuge with Allah from shaytaan the accursed.

Ashshifaa Center Trinidad has chosen to publish this small booklet titled **‘Ruqyah- A remedy for spiritual afflictions sorcery, jinn & evil eye.’** We have written this booklet for the muslim audience, although with that being said ruqyah & quranic treatment can be used to treat non-muslims as well. These issues of spiritual afflictions are better known in our culture as obeah, voodoo, necromancy, black magic etc. These problems are widespread in our community and in the world at large. Many muslims do not believe that spiritual harm is possible to them. This is very untrue. This belief is due to ignorance of the subject. Subhanallah, our beloved prophet sw was afflicted by sorcery, not only he was affected but a great effort our Nabi sw made to cancel the sorcery which afflicted him. So yes, it is very possible persons can have spiritual afflictions, also most importantly an effort is required to treat one self. It is not sufficient for persons to sit back and say that

they have trust in Allah and that is sufficient, with no effort of treatment. This subject of ruqyah, jinns and sorcery is not spoken about much. Most persons are unaware. May Allah guide us. How many of us know persons in our community died because of some mystic illness? Doctors don't understand, medical test do not show, medication is not working. How many persons are sick their entire life without a clue of solutions? how many persons seek out help for their mystic problems and many are told there is no solution? How many persons spend large sums of money looking for help? How many marriages are broken due to abnormal reasons? how many women can't have children and doctors can't explain why? How persons can't go forward in school and work? how many persons we know are possess by unseen entities jinns and we are afraid to assist them? How many successful people ended up living on streets, begging & with mental issues? How many persons are tricked by fake healers? How many muslims go out of Islam searching for help? Allahul Mustaan. Allah's help is sort!

My dear friends, we are muslims and we worship Allah, we have quran, we have salaah and dua, yet I ask why are persons suffering because of spiritual attacks. For many years persons are going to healers and are not better. For many years persons increase themselves in armals and piety and do not get better. The answer is simple it is because we do not know how to use the quran as a treatment.

Allah said: **فَلَمَّا لَا تَخَفُ إِنَّكَ أَنْتَ الْأَعْلَىٰ (٦٨) وَأَلْقِ مَا فِي يَمِينِكَ تَلْفُفُ مَا صَنَعُوا ۗ إِنَّمَا صَنَعُوا كَيْدُ سَاجِرٍ ۗ وَلَا يُفْلِحُ السَّاجِرُ حَيْثُ أَتَىٰ**

"Fear not. Indeed, it is you who are superior. (68) And throw what is in your right hand; it will swallow up what they have crafted. What they have crafted is but the trick of a magician, and the magician will not succeed wherever he is."(69) SuraTaha

Inshaa Allah, we will elaborate the method of quranic treatment that can be used to begin treating one's selves and families.

## IMPORTANCE

It is important for us to educate ourselves about this subject.

Firstly, **-Sorcery it is disbelief and involves shirk.** Sorcery is forbidden. We must know in order to be safe and protected. Many people fall into shirk looking for a solution. This shirk is mostly hidden behind religion sometimes it is intentional or due to ignorance or due to desperation. We must provide an islamic acceptable solution.

We are only a trial (for the people), so do not commit disbelief.  
[2:102]

Abu Mūsa al-Ash'ari (may Allah be pleased with him) reported that the Messenger of Allah, peace be upon him, said: "Three will not enter Paradise: the habitual drinker of alcohol, the one who severs the ties of kinship, and the one who believes in sorcery." (Ibn Hiban, Ahmad)

Secondly, **-Because it is a reality.** Existence of Jinn and magic is no mythology in Islam. There are clear proofs of Jinn and magic from Qur'an, Hadith of our Prophet sw. It's the reality of the world around us, all religions & cultures believe and speaks about spiritual attacks. It is unacceptable to defy the existence of Jinn and magic. Many people suffer, are stuck and blocked in their lives for many years without understanding. Without solutions. They have Abnormal Health & physical problems, abnormal mental & emotional problems and blockages in life. They are going in circles in their lives with no logical solution to their problems until it becomes completely abnormal. This can be highly due to sorcery.

And from the evil of the blowers in knots. And from the evil of an envier when he envies.'" (Falaq)

"And when they had thrown, Moses said: 'What you have brought is [only] magic. Indeed, Allah will expose its worthlessness.'" (Yunus)

'And [yet] they learn from them that by which they cause separation between a man and his wife' (Baqara 102)

Narrated from Aisha (RAA); "A man known as Labid ibn al-A'sam from the tribe of Banu Zurayq performed magic on Allah's Messenger ﷺ until Allah's Messenger ﷺ started imagining that he had done something which he had not really done. One day or one night while he was with me, he invoked Allah (SWT) for a long period and then said, 'O Aisha! Do you know that Allah has instructed me concerning the matter I have asked him about? Two men came to me and one of them sat near my head and the other near my feet. One of them said to his companion, 'What is it that pains this man?' The other replied, 'He is under the effect of Matbob'. The first one asked, 'Who did it?' The other replied, 'Labid Ibn Al-A'sam.' The first one asked, 'What material did he use?' The other replied, 'A comb and the hairs stuck to it and the pollen of a male date palm.' The first one asked, 'Where is that?' The other replied, 'That is in the well of Daman!" So, Allah's Messenger ﷺ along with some of his companions went there and returned saying, 'O Aisha, the colour of its water is like the infusion of henna leaves and the tops of the date-palm trees near it are like the heads of the devils.' I asked, 'O Allah's Messenger? Why don't you show it (to the people)?' He said, 'Since Allah (SWT) has cured me, I would not like to let evil spread amongst the people.' Then he ordered that the well be filled up with earth." (Bukhari & Muslim)

Abu Dharr reported: The Messenger of Allah, peace and blessings be upon him, said, “Verily, the evil eye might attach itself to a man by permission of Allah, until he climbs a tall mountain and then throws himself off it.” (Musnad Aḥmad)

## RUQYAH QURANIC TREATMENT

‘Ruqyah’ is the practice of treating illnesses through a treatment using Qur’ānic verses and invocations that is permitted in Islamic sharia. In this booklet we are specifically speaking about a quranic treatment for spiritual afflictions’ such as evil eye (ayn), sorcery (sihr) and jinns attack.

The Qur’ān it is the sacred words of Allah. It is a Shifaa cure from Allah. Ruqyah (quranic treatment) should therefore play an essential role in our lives. Allah says: “And say: The truth has come, and falsehood has vanished. Surely falsehood is ever bound to vanish by its very nature. And We send down in the Qur’ān that which is a cure and a mercy for the believers.” (17:81-2)

As well providing a cure, Ruqyah is an excellent way for the believers to build their Imān and reaffirm their tawhīd in Allah. Indeed, seeking treatment through the Qur’ān demonstrates complete belief in the Book of Allah. Using the quran as a treatment demonstrates tawakul in Allah because the quran is the words of Allah.

The Messenger of Allah صلى الله عليه وسلم said: “Make good use of the two cures: honey and the Qur’ān.” (Ibn Mājah)

‘Ā’ishah said: “When the Messenger of Allah صلى الله عليه وسلم was ill, Jibrīl performed Ruqyah on him.” (Muslim)

‘Ā’ishah narrated that whenever the Messenger of Allah صلى الله عليه وسلم would become sick, he would recite [the last 3 Sūrahs of

the Qur'ān] and then blow over his body. She says: “During his last illness from which he passed away, the Messenger of Allah صلى الله عليه وسلم used to blow over himself. But when his sickness intensified, I used to (recite and then) blow over him using his own hands because of their blessings.” (Bukhārī)

In another hadīth, she mentions that whenever anyone from his family would become ill, he صلى الله عليه وسلم would blow over them with these three Sūrahs. (Muslim)

In another hadith, ‘Ā’ishah informs us that the Messenger of Allah صلى الله عليه وسلم entered upon her and found a woman treating her with Ruqyah (through other than the words of Allah جل جلاله). (He صلى الله عليه وسلم said: “Treat her with the book of Allah جل جلاله”). Ibn Hibbān) She also said:

“The Messenger of Allah صلى الله عليه وسلم used to command me to perform Ruqyah from the evil eye.” (Muslim)

Once the Messenger of Allah صلى الله عليه وسلم saw a girl whose face had changed colour in the house of Umm Salamah , so he صلى الله عليه وسلم said: “Seek Ruqyah for her, because she has been affected by the evil eye.” (Bukhārī)

Awf Ibn Malik al-Ashja’i (RAA) narrated that he said to the Prophet ﷺ: “O Allah’s Messenger! We used to do Ruqya during the days of Jahiliyyah (pre-islamic era). What do you think of that?” He ﷺ replied: **“Present your Ruqyah to me; there is nothing wrong with it as long as it does not involve Shirk.”** (Sahih Muslim)

It is also narrated that Aisha (RA) said that when any person fell ill with a disease or he had any ailment or he had any injury, the Messenger of Allah (SAS) would place his index finger on the ground (after placing his saliva on it) and would lift it by reciting the name of Allah (and place it on the body of the ailing/sick

person). While doing so, he would say, 'the dust of our ground, with the saliva of one of us, in order that an ill person amongst us would be cured, with the permission of our lord'. (Bukhari, Muslim)

The Prophet said, "There is no disease that Allah has created, except that He also has created its treatment." (Sahih Muslim)

Sorcery, jinn affliction and evil eye are considered ailments because it affects a person's physical, mental and emotional wellbeing. Quran is the cure for these ailments. When quran is applied to the ailment it will cure it by the permission of Allah. When we add the quran to sunnah treatments of hijama, olive/blackseed oil, senna and water etc. we will have a greater benefit in treating illnesses. Sorcery is based on satanic words and it must be cancelled by Allah's words the quran.

**When we speak about spiritual problems, spiritual attacks or spiritual illness, it can be divided into 3 categories.**

**JINNS**

What are the jinns? Creation of Allah, created from smokeless fire. Cannot see them generally in their original forms. They can be muslim and nonmuslim. They have their own world/dimension. They are of different types. They can get involve in human life, example: Love, revenge, sorcery etc. They can physically, mentally, emotionally affect a person. They can even possess a person.

**SORCERY**

What is sorcery/magic (sihr)? There are different definitions by the scholars but it can simply be described as a knowledge that a magician possesses where he takes symbols, materials of things, e.g., food, water, hair, money, names, pictures etc and he recites



satanic words on it or does satanic things with it, to acquire a specific outcome/effect for themselves or for a victim, physical, mental, emotional or supernatural, mystic effects or outcomes.

Sihr is anything that the cause of which is hidden, and which appears in a form other than its real one, with the intention to distort the reality of things and deceive. Sorcerer can be anyone.

Sorcery involves shirk and most of times jinns are used.

### EVIL EYE

Evil eye or the arabic word 'Ayn (literally, the eye) it refers to the situation where a person harm another by casting an evil eye on him. He looks at some with an evil intent envy, malice etc. it can be given without intent just the way of looking and without mentioning the name of Allah. It's the less of all 3 but can reach the level of magic in its effect. Evil eye can come from human and jinn.

### SYMPTOMS OF SORCERY JINNS EVIL EYE

We do not need to differentiate the symptoms of sorcery, jinns & evil eye because the treatment will solve all 3 afflictions at the same time.

4 main symptoms derived from the quran and sunnah:

#### 1- **Abnormal unexplained physical or health problems:**

Sura Baqarah 275 'cannot stand [on the Day of Resurrection] except as one stands who is being beaten by Satan into insanity' (madness, epilepsy)

- Medical diseases or ailments that doctors can't explain, even if the disease is known but they don't have a solution or a cause or origin for problem, medications don't work and medical

test do not show. E.g., Erectile dysfunction, infertility, paralysis, keloids, open wounds, fibroids, stroke, seizures etc.

- Pains/dysfunction in body that don't go away, it keeps coming and going with no proper explanation. Headaches, back pains, cramps, weakness, muscle spasms, tingling's, hot/cold sensations, arthritis etc. Dysfunctions in kidney, liver, heart etc and doctors don't understand.
- Abnormal stomach issues that always goes and comes & there is no real solution. E.g., Ulcers, digestive problems, chronic constipation, acid reflux, bloating, pain, diarrhea. etc
- Abnormal skin problems, skin rashes that don't go away with medication, unusual itching, eczema, breakouts, psoriasis etc
- The list of unusual abnormal physical symptoms is many!

## 2- **Abnormal unusual, unexplained mental or emotional states:**

(Sura baqara102 'separate husband from his wife'

In the Book of Medicine of his Sahih, Al-Bukhari recorded that `Aishah said, "The Messenger of Allah was bewitched until he thought that he had relations with his wives, but he had not had relations with them.")

- The person becomes angry for no real reason or for small things and loses control all the time.
- Person can no longer concentrate, focus or forgets a lot. e.g., prayer, studies, work. He is always tired all though he slept entire night.
- The person sees, hears or imagine things.

- The person thinks about death a lot, feels like he can't go forward in life, he feels like he is going in circles in life, he feels he is getting blocked in life, feels targeted, feels chained down.
- He gets sad a lot, depress, anxious, nervous, fearful for no real reason, suicidal, confuse, madness.
- This symptom can reach as far as being diagnosed with mental or psychological disorder with no real cause and no real solution. Psychosis, bipolar, schizophrenia etc.

### **3- Abnormal unusual unexplained blockage in life**

**Blockages in life is the main symptom of sorcery.**

(Sura Falaq 'seek refuge from the evil of the one who blows on knots')

Sura Baqarah 102 'they used to learn from them that with which they could cause separation between a man and his wife.)

- All of sudden he cannot study and keeps failing his exams, cannot go forward in school.
- Cannot get marry, relationships always end for small or no real reason.
- Cannot get a job or keeps losing his jobs, or loses his customers and business for no real reasons and money never stays.
- Vehicle and house problems that never ends. Abnormal accidents.
- Marriage issues that are abnormal no real explanation for problems, always arguing, communication issues, intimate and sexual problems, children's problems.

- Abnormal house and land issues, can't go forward, getting blocked, abnormal court matters.

#### 4- Abnormal reoccurring dreams, nightmares, visions and sleeping problems.

Sura 8.11 'He sent down rain upon you from the sky that He might cleanse you through it and take away from you the pollution of Satan'. Sorcery will always show in dreams because it is a spiritual attack. We can understand the sorcery by certain symbols in dreams which matches back with other symptoms mention before. Person keeps having nightmares, sexual dreams, he dreams animals, snakes, bull, dog or people attacking him, he keeps dreaming water river sea etc, he dreams dead people, flying, falling, accident, blood etc. Persons can't sleep well, unseen or paranormal activity occurring while sleeping. Unseen things touching or holding person.

#### UNDERSTANDING TREATMENT

We must understand how sorcery is done in order to remove or cancel it. It is a logical diagnosis and treatment. The quran which is the cure and remedy must touch the disease of magic in order to cancel it.

#### Sorcery is done in mainly four ways:

1. **Consume (eaten or drink)**: - identified by person having abnormal stomach problems.
2. **Step-on or touched**: - identified by person having abnormal skin problems on hands and feet.
3. **Sent into body by jinn**: - identified by person having abnormal pains, discomfort and dysfunction in body/health problems

4. **Symbolic:** by using symbols which are placed in remote area (e.g., hair, cloth, placed in river, cemetery etc.): -identified by abnormal symbolic dreams corresponding with the 4 symptoms.

Once we understand from a logical diagnosis how the sorcery was done, we can then destroy or cancel it. **Sorcery is destroyed, removed or cancelled by how it is done and not by the reason for it being done or symptoms.** Person is placed on a treatment plan for number of days. (3- 14 days depending on amount and length of affliction)

- Magic which is consume is destroyed and removed by using quranic water and senna which will destroy and purge stomach/organs of it.
- Magic which was step-on or touched will be removed by using quranic olive or blackseed oil which person must rub and massage specific area.
- Magic which was sent into body by jinn will be removed by quranic hijama (wet cupping combine with quran recited onto person).
  - Magic done by using symbols and placed in remote areas will be destroyed/cancelled by washing, spraying and bathing with specific quranic verses in water.
  - Magic which is affecting house, land, vehicle or business will be cancel by spraying such places with quranic water.

## **GENERAL TREATMENT FOR EVERYONE**

**Conditions for Ruqyah treatment to be successful.**

1. **Intention-** Ruqyah is dua. We must ask Allah for the cure to our afflictions. We must have certainty (yaqeen) and trust(tawakul) that the cure is from Allah alone. We are seeking the cure by using Allah's words the quran.

- 2. Free of shirk-** we must not be indulged in shirk practices. Especially shirk that can be disguised in treatment. Example Taweez, amulets, good luck charms, things of protections.
- 3. Free of sin-** Sins cancel our duas of protection from Allah, we cannot ask Allah for help & disobey him the same time. Ensure 5 daily salaah, beware of involvement in ribaa (interest), beware of fornication and adultery, beware of consuming alcohol and smoking cannabis. Beware of food that is not halaal.

**You will need to acquire the following:** APPROXIMATELY 50 LITERS OF WATER. YOU CAN PURCHASE DRINKING WATER IF YOU DESIRE. YOU CAN USE MORE WATER IF NECESSARY.

A BOTTLE OF OLIVE OR BLACKSEED OIL.  
NICE FRAGRANT INCENSE. YOU CAN ALSO INCLUDE ZAMZAM WATER, HONEY, SENNA CAPSULES OR LEAVES, MEDICATION, BODY CREAMS, PERFUMES ETC.

#### **INSTRUCTIONS:**

Place and open the water bottles or empty water in large container and place in front of you while sitting.

Open and place the olive/blackseed oil in front of you.

Open and place in front of you all additional items if you desire.

Please note that the items must be open and in front of you within a close range for recitation of quran. One's breath should be able to touch it and blowing into it must be easy.

1. Make wudhu before sitting directly in front of the above items of water, oil etc.
2. Make intention and dua, ask Allah to cure you from the any affliction of jinn, sorcery and evil eye.

3. Make intention and dua, ask Allah to allow the quran to go onto products in front of you so we can use as a treatment.
4. You will now begin reciting the following verses of ruqyah aloud directly into items, you can blow many times while reciting. Also, you can blow into your hands and wipe your body.

**5. After reciting the following verses on to products, follow these steps:**

**7-11 days drink 1.5 or 2 liters of the quran water daily. (Combine with senna if possible)**

**7-11 days massage your entire body focusing on pains with quranic oil.**

**7-11 days bath daily with quranic water. Approx. 2 liters can be used. (1/2 bucket)**

**During 7-11 days spray house, vehicle, business with quranic water using a spray can.**

**(floor,doors,windows,furniture,tools,appliances, bed etc)**

**7-11 days burn quranic incense smoking one's body and environment.**

**PLEASE NOTE: DO NOT ALLOW QURANIC WATER TO GO INTO DRAINS. AFTER TAKING A REGUALR BATH. YOU WILL STAND IN A LARGE BASIN OR BATHTUB AND THEN POUR QURANIC WATER**

AND WASH ENTIRE BODY, HEAD TO FEET. AFTER BATHING DO NOT DRY INSTANTLY, LET QURANIC WATER COOL THE BODY. YOU CAN THEN DISPOSE OF THE COLLECTED WATER FROM BATHTUB BY TROWING OUTSIDE IN THE GARDEN/GRASS/FLOWERS/DIRT ETC

**START RECITING:**

The following **DUAS** are recommended to be done first.

بِسْمِ اللَّهِ  
أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ  
*Bismillāhi. A‘ūdhu billāhi wa-qudratihi min sharri  
mā ajidu wa-uḥādhir*

In the name of Allah, I seek refuge in Allah and in His power from the evil of what I am experiencing and what I fear.” [Muslim] **recite 7**

اللَّهُمَّ رَبَّ النَّاسِ ، اذْهَبِ الْبَأْسَ ، واشْفِ ، أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا  
شِفَاؤُكَ ، شِفَاءً لَا يُعَادِرُ سَقَمًا

Allahumma rabban-nas ‘adhibil-ba’sa, washyfi anta shafi la shifa’a illa shifa uka shifa’a al la yughadiru saqama.

Oh Allah lord of mankind, Remove the difficulty and heal. You are the Healer, no healing avails but Yours, a healing that leaves behind no ailment.

[Bukhārī and Muslim] **recite 1**



بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي  
السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

*Bismillāhi al-ladhī lā yaḍurru ma‘a ismihi shay’un fī  
al-arḍi wa-lā fī al-samā’i wa-huwa al-samī‘u al-  
‘alīm.*

In the name of Allah, with whose name nothing is harmed on earth nor in heaven, and He is the All-Hearing, the All-Knowing. [Abū Dāwūd and al-Tirmidhī] **recite 3**

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

*A‘ūdhu bi-kalimāti Allāhi al-tāmmāti min sharri  
mā khalaq.*

I seek refuge in the Perfect Words of Allah from the evil of what He has created. [Muslim] **recite 3**

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ

“A‘udhu bi kalimatil-lahil- tammati, min kulli shaitanin wa hammah, wa min kulli ‘aynin lammah (I seek refuge for you both in the Perfect Words of Allah, from every devil and every poisonous reptile, and from every evil eye)”. (Sunan Ibn

Majah) **recite 1**

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ مِنْ هَمَزِهِ، وَنَفْخِهِ،  
وَنَفْثِهِ

"a'oodhu billaahis-samee`-il-`aleemi minash-shayṭaan-ir-rajeem, min hamzihi, wa nafkhihi, wanafthih"

I seek refuge with Allah from the accursed devil; from his whisperings, his suggestions, and his insinuations. **Recite 1**

وَقُلْ رَبِّ أَعُوذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِينِ (٩٧) وَأَعُوذُ بِكَ رَبِّ أَنْ يَحْضُرُونِ

And say, “My Lord! I seek refuge in You from the temptations of the devils.  
and I seek refuge in You, my Lord, that they ‘even’ come near me.” **Recite 7**

The following are **the fundamental verses of ruqyah**. More times you recite verses the treatment will be more effective. Edible writing/printing and diluting is even more effective.

IF A PERSON CANNOT READ THE ARABIC TEXT, THEY CAN SEARCH THE TRANSLATION IN A QURAN AND RECITE IT.

**Fatiha (1) 7 times.**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ (١) الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ (٢) الرَّحْمَنِ الرَّحِيمِ (٣) مَالِكِ يَوْمِ الدِّينِ (٤) إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ (٥) اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ (٦) صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ (٧)

Bismillaah ar-Rahman ar-Raheem

Al hamdu lillaahi rabbil ‘alameen

Ar-Rahman ar-Raheem Maaliki yaumid Deen

ASHSHIFAA C lyyaaka na’abudu wa iyyaaka nasta’een AND TOBAGO

Ihdinas siraatal mustaqeem

Siraatal ladheena an ‘amta’ alaihim

Ghairil maghduubi’ alaihim waladaaleen

## The Cow (2), verse 255. 7 times

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۚ لَهُ مَا فِي  
السَّمَاوَاتِ وَمَا فِي الْأَرْضِ ۚ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ مَا  
بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۚ  
وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ ۚ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ  
الْعَظِيمُ (٢٥٥)

Allahu laaa ilaaha illaa Huwal Haiyul Qaiyoom; laa taakhuzuhoo  
sinatunw wa laa nawm; lahoo maa fissaamaawaati wa maa fil ard; manzal  
lazez yashfa'u indahooo illaa bi-iznih; ya'lamu maa baina aydeehim wa  
maa khalfahum wa laa yuheetoona bishai'im min 'ilmihee illaa bimaa  
shaaa'; wasi'a Kursiyyuhus samaawaati wal arda wa laa Ya'ooduhoo  
hifzuhumaa; wa Huwal Aliyyul 'Azeem

## Al-A'râf (7), verses 117-122. 7 times

وَأَوْحَيْنَا إِلَىٰ مُوسَىٰ أَنْ أَلْقِ عَصَاكَ ۚ إِذْآ هِيَ تَلْقَفُ مَا يَأْفِكُونَ فَوْقَ  
الْحَقِّ وَبَطْلٌ مَّا كَانُوا يَعْمَلُونَ (١١٨) فُغْلَبُوا هُنَالِكَ وَانْقَلَبُوا صَاغِرِينَ  
(١١٩) وَالْقِيَ السَّحَرَةَ سَاجِدِينَ (١٢٠) قَالُوا آمَنَّا بِرَبِّ الْعَالَمِينَ  
(١٢١) رَبِّ مُوسَىٰ وَهَارُونَ (١٢٢)

Wa awhainaaa ilaa Moosaaa an alqi 'asaaka fa izaah hiya talqafu  
maa ya'fikoon

Fawaqqa'al haqqu wa batala maa kaanoow ya'maloon

Faghuliboo hunaalika wanqalaboo saaghireen

Wa ulqiyas saharatu saajideen

Qaloo aamannaa bi Rabbil 'aalameen

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## Yûnus (10), verses 81-82. 7 times

فَلَمَّا أَلْفَوْا قَالَ مُوسَىٰ مَا جِئْتُمْ بِهِ السِّحْرُ ۗ إِنَّ اللَّهَ سَيُبْطِلُهُ ۗ إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ ﴿٨١﴾ وَيَحِقُّ لِلَّهِ الْحَقُّ بِكَلِمَاتِهِ وَلَوْ كَرِهَ الْمُجْرِمُونَ

Falammaa alqaw qaala Moosaa maa ji'tum bihis sihr; innal laaha sa yubtiluhoo; innal laaha laa yuslihu 'amalal mufsideen  
Wa yuhiqqul laahul haqqa bi Kalimaatihee wa law karihal mujrimoon

### Tâ-Hâ (20), verses 68-70. 7 times

فُنَّا لَا تَخَفِ إِنَّكَ أَنْتَ الْأَعْلَىٰ ﴿٦٨﴾ وَأَلْقِ مَا فِي يَمِينِكَ تَلْقَفْ مَا صَنَعُوا ۗ إِنَّمَا صَنَعُوا كَيْدٌ سَاحِرٌ ۗ وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَىٰ ﴿٦٩﴾ فَأَلْقَى السَّحْرَةَ سَجْدًا قَالُوا آمَنَّا بِرَبِّ هَارُونَ وَمُوسَىٰ ﴿٧٠﴾

Qulnaa laa takhaf innaka antal a'laa.Wa alqi maa fee yamee nika talqaf maa sana'oo; innamaa sana'oo kaidu saahir; wa laa yuflihus saahiru haisu ataa  
Fa ulqiyas saharatu sujjadan qalooo aamannaa bi Rabbi Haaroona wa Moosa

### Ikhlas (112) 7 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٤﴾

Qul huwallaahu ahad  
Allahus samad  
Lam yalid wa lam yuulad  
Wa lamyakun lahuuu kufuwan ahad

### Falaq (113) 7 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

Qul a'udhu birabbil falaq  
Min sharri ma khalaq  
Wa min sharri ghaasiqin idhaa waqab  
Wa min sharrin naffaathaati fil 'uqad  
Wa min sharri haasidin idhaa hasad

### Naas (114) 7 times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ (١) مَلِكِ النَّاسِ (٢) إِلَهِ النَّاسِ (٣) مِنْ شَرِّ  
الْوَسْوَاسِ الْخَنَّاسِ (٤) الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ (٥) مِنَ الْجِنَّةِ  
وَالنَّاسِ (٦)

Qul a'udhi bi rabbin naas  
Malikin naas  
Ilaahin naas  
Min sharril wawaasil khannas  
Alladhee yuwaswisu fee suduurin naas  
Minal Jinnati wa naas

The following are additional verses to be added.

### Baqara 2:1-3 3 times

الم (١) ذَلِكَ الْكِتَابُ لَا رَيْبَ فِيهِ ۗ هُدًى لِّلْمُتَّقِينَ (٢) الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ  
وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنفِقُونَ (٣)

### Baqara 2:102 7 times

وَاتَّبَعُوا مَا تَتْلُو الشَّيَاطِينُ عَلَىٰ مُلْكِ سُلَيْمَانَ ۗ وَمَا كَفَرَ سُلَيْمَانُ وَلَا كَانِ  
الشَّيَاطِينُ كَفَرُوا يُعَلِّمُونَ النَّاسَ السِّحْرَ وَمَا أُنزِلَ عَلَى الْمَلَكَيْنِ بِبَابِلَ هَارُوتَ  
وَمَارُوتَ ۗ وَمَا يُعَلِّمَانِ مِنْ أَحَدٍ حَتَّىٰ يَقُولَا إِنَّمَا نَحْنُ فِتْنَةٌ فَلَا تَكْفُرْ ۗ  
فَيَتَعَلَّمُونَ مِنْهُمَا مَا يُفَرِّقُونَ بِهِ بَيْنَ الْمَرْءِ وَرَوْجِهِ ۗ وَمَا هُمْ بِضَارِّينَ بِهِ مِنْ  
أَحَدٍ إِلَّا بِإِذْنِ اللَّهِ ۗ وَيَتَعَلَّمُونَ مَا يَضُرُّهُمْ وَلَا يَنْفَعُهُمْ ۗ وَلَقَدْ عَلَّمُوا لَمَانَ

اسْتَرَاهُ مَا لَهُ فِي الْآخِرَةِ مِنْ خَلْقٍ ۖ وَلَيْسَ مَا شَرَوْا بِهِ أَنْفُسَهُمْ ۚ لَوْ كَانُوا يَعْلَمُونَ ﴿١٠٢﴾

**Baqara 2:163 3 times**

إِلَهُكُمْ إِلَهٌ وَاحِدٌ ۖ لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ ﴿١٦٣﴾

**Ali Imrân 3: 26. 3 times**

قُلِ اللَّهُمَّ مَالِكُ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّن تَشَاءُ وَتُعْزِزُ مَنْ تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ ۗ بِيَدِكَ الْخَيْرُ ۗ إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ﴿٢٦﴾

**Al-A'râf 7:54 3 times**

إِنَّ رَبَّكُمُ اللَّهُ الَّذِي خَلَقَ السَّمَاوَاتِ وَالْأَرْضَ فِي سِتَّةِ أَيَّامٍ ثُمَّ اسْتَوَىٰ عَلَىٰ الْعَرْشِ يُغْشِي اللَّيْلَ النَّهَارَ يَطْلُبُهُ حَثِيثًا وَالشَّمْسَ وَالْقَمَرَ وَالنُّجُومَ مُسَخَّرَاتٍ بِأَمْرِهِ ۗ أَلَا لَهُ الْخَلْقُ وَالْأَمْرُ ۗ تَبَارَكَ اللَّهُ رَبُّ الْعَالَمِينَ ﴿٥٤﴾

**Muminoon 23: 115-116 7 times**

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ ﴿١١٥﴾ فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ ۖ لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ

**Adhriyaat 51: 56 7 times**

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ ﴿٥٦﴾

**Assaffaat 37: 1-7 7 times**

وَالصَّافَّاتِ صَفًّا ﴿١﴾ فَالزَّاجِرَاتِ زَجْرًا ﴿٢﴾ فَالتَّالِيَاتِ ذِكْرًا ﴿٣﴾ إِنَّ إِلَهَكُمْ لَوَاحِدٌ ﴿٤﴾ رَبُّ السَّمَاوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا وَرَبُّ الْمَشَارِقِ ﴿٥﴾ إِنَّا زَيْنًا لِّلسَّمَاءِ الدُّنْيَا بَرِيَّةٌ الْكَوَاكِبِ ﴿٦﴾ وَحِفْظًا مِّنْ كُلِّ شَيْطَانٍ مَّارِدٍ ﴿٧﴾

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**Hameem 43:1 7 times**

حم ﴿١﴾

**Dukhaan 44:48 7 times**

ثُمَّ صُبُّوا فَوْقَ رَأْسِهِ مِنْ عَذَابِ الْحَمِيمِ ﴿٤٨﴾

Rahman 55:33-35 7 times

يُمَعَّسَرُ الْجِنَّ وَالْإِنْسَ إِنْ أَسْتَبَعْتُمْ أَنْ تَتَفَدُّوا مِنْ أَقْطَارِ السَّمَوَاتِ وَالْأَرْضِ  
فَأَنْفُدُوا لَا تَتَفَدُّونَ إِلَّا بِسُلْطَنِ ٣٣

فَبِأَيِّ آءَاءِ رَبِّكُمَا تُكَذِّبَانِ ٣٤

يُرْسَلُ عَلَيْكُمَا شَوْاطِئُ مِنْ نَارٍ وَنُحَاسٍ فَلَا تَنْتَصِرَانِ ٣٥

Hashr 59:21-24 3 times

لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ لَرَأَيْتَهُ خَاشِعًا مُتَصَدِّعًا مِنْ خَشْيَةِ اللَّهِ وَتِلْكَ  
الْأَمْثَلُ نُضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ ٢١

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ هُوَ الرَّحْمَنُ الرَّحِيمُ ٢٢

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ

الْجَبَّارُ الْمُنْكَرُ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ ٢٣

هُوَ اللَّهُ الْخَلِيقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى يُسَبِّحُ لَهُ مَا فِي السَّمَوَاتِ

وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ ٢٤

Jinn 72:1-8 7 times

قُلْ أُوْحِيَ إِلَيَّ أَنَّهُ اسْتَمَعَ نَفَرٌ مِنَ الْجِنَّ فَقَالُوا إِنَّا سَمِعْنَا قُرْآنًا عَجَبًا ﴿١﴾ يَهْدِي

إِلَى الرُّشْدِ فَاْمَنَّا بِهِ ۗ وَلَنْ نُشْرِكَ بِرَبِّنَا أَحَدًا ﴿٢﴾ وَأَنَّهُ تَعَالَى جَدُّ رَبِّنَا مَا اتَّخَذَ

صَاحِبَةً وَلَا وَلَدًا ﴿٣﴾ وَأَنَّهُ كَانَ يَفُوْلُ سَفِيهُنَا عَلَى اللَّهِ شَطَطًا ﴿٤﴾ وَأَنَا ظَنُّنَا

أَنْ لَنْ تَقُوْلَ الْإِنْسُ وَالْجِنَّ عَلَى اللَّهِ كَذِبًا ﴿٥﴾ وَأَنَّهُ كَانَ رِجَالٌ مِنَ الْإِنْسِ

يَعُوذُونَ بِرِجَالٍ مِنَ الْجِنَّ فَرَادَوْهُمْ رَهَقًا ﴿٦﴾ وَأَنَّهُمْ ظَنُّوا كَمَا ظَنَنْتُمْ أَنْ لَنْ

يَبْعَثَ اللَّهُ أَحَدًا ﴿٧﴾ وَأَنَا لَمَسْنَا السَّمَاءَ فَوَجَدْنَاهَا مُلْتَثًا حَرَسًا شَدِيدًا وَشُهَبًا

Qalam 68:51 7times

وَإِنْ يَكَادُ الَّذِينَ كَفَرُوا لِيُرِيْلُقُونَكَ بِأَبْصُرِهِمْ لَمَّا سَمِعُوا الذِّكْرَ وَيَقُوْلُونَ إِنَّهُ

لَمَجْنُونٌ ٥١

وَمَا هُوَ إِلَّا ذِكْرٌ لِلْعَالَمِينَ

Israa 17:81-82 3 times

وَقُلْ جَاءَ الْحَقُّ وَزَهَقَ الْبُطْلُ إِنَّ الْبُطْلَ كَانَ زَهُوفًا ٨١  
وَنُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا  
خَسَارًا ٨٢

Many other verses can be added to above I will suggest the following for specific symptoms (the following are most common symbolic sorcery):

**PADLOCK-:** the padlock is done to block your life and prevent you achieving things. Everything you try in going forward you get blocked repeatedly. Nothing is working or going forward in your life. You will see in your dreams people chasing you, or animals or unidentified things chasing you. They never catch you and sometimes you can hardly move and feel stiff, sometimes you run until you fall or fly away and suddenly wake up. If you face them, it will turn into a fight.

Surat 21 verse 30

أُولَٰئِكَ يَرَى الَّذِينَ كَفَرُوا أَنَّ السَّمَاوَاتِ وَالْأَرْضَ كَائِنَاتًا رَّتْقًا فَفَتَقْنَاهُمَا وَجَعَلْنَا مِنَ الْمَاءِ كُلَّ شَيْءٍ حَيٍّ أَفَلَا يُؤْمِنُونَ

**Knots:** sorcery with knots is a very general thing: it can attach a man's income, a woman's womb, a student's mind, communication in a couple. It comes in your dream as snakes, as the sorcerers of Pharaoh turned the ropes and sticks into snakes.

Surat 20 verses 26 to 28



وَيَسِّرْ لِي أَمْرِي وَاحْلُلْ عُقْدَةً مِّن لِّسَانِي يَفْقَهُوا قَوْلِي

**Grave:** sorcerers love using symbols related to death. They can just burry the sorcery anywhere in a graveyard, or take sand from the graveyard to do the sorcery, or find a grave dug in advance and burry it inside, and after a day or two someone will be buried there, or take the water that washed the dead body, or cut a piece of the kafan, or put it inside the kafan, or put it in the mouth of the deceased person, or extract dead people to use their bodies, or get human parts from the hospitals, it all comes to the symbol of death. This sorcery will attract the person to death: he feels tired and exhausted even after a night's sleep, can't enjoy anything in life and can't think of his future, feels sadness and depression and thinks about death. He will see dead People in his dreams: either dead people he sees them alive or live people he sees dead, or sees himself dead or graves or funerals.

Surat 6 verse 122 until bikharijin minha

أَوْ مَن كَانَ مَيِّتًا فَأُحْيَيْنَاهُ وَجَعَلْنَا لَهُ نُورًا يَمْشِي بِهِ فِي النَّاسِ كَمَن مَّثَلُهُ فِي الظُّلُمَاتِ لَيْسَ بِخَارِجٍ مِّنْهَا

**Water:** when they put sorcery in water: river, sea, lake, etc. that makes your life wasted like water running into the sea, it stops your projects as if you are building in the sea and gets your money wasted as if you take water in your hands to drink from a river and by the time you bring the water to your mouth there will be nearly nothing left: in that way you will not manage to enjoy your money for various reasons. You will be seeing water in your dreams: river, sea, swimming, drowning, crossing water, rain, etc.

Surat 26 verse 63

فَأَوْحَيْنَا إِلَىٰ مُوسَىٰ أَن اصْرِبْ يَعْصَاكَ الْبَحْرُ فَانفَلَقَ فَكَانَ كُلُّ فِرْقٍ كَالطَّوْدِ الْعَظِيمِ

**Photo/picture:** sorcery with photo alters the personality by provoking ugliness or darkness of the face, or angriness or

sadness; it can also cause an illness affecting the face. (skin issues, issues with ears, eyes, nose, mouth)

Surat 7 verse 11 until fasajado

وَلَقَدْ خَلَقْنَاكُمْ ثُمَّ صَوَّرْنَاكُمْ ثُمَّ قُلْنَا لِلْمَلَائِكَةِ اسْجُدُوا لِآدَمَ فَسَجَدُوا

**Underwear:** this causes serious sexual problem or heavy erotic dreams.

Surat 7 verse 22 from badat to janna

بَدَتْ لَهُمَا سَوْءَاتُهُمَا وَطَفِقَا يَخْصِفَانِ عَلَيْهِمَا مِنْ وَرَقِ الْجَنَّةِ

**Hair:** worries, successive problems, headaches, mental problems.

Surat 19 verse 4 from inni wahana

إِنِّي وَهَنَ الْعَظْمُ مِنِّي وَاسْتَعَلَ الرَّأْسُ شَيْبًا وَلَمْ أَكُنْ بِدُعَائِكَ رَبِّ شَقِيًّا

**Blood:** using blood in sorcery provokes blood problems like diabetes/ blood pressure/cholesterol and abnormal health problems. Healthy person became sick, doctors don't understand.

Surat 5 verse 3 until lighayri llah bihi

حُرِّمَتْ عَلَيْكُمُ الْمَيْتَةُ وَالْدَّمُ وَلَحْمُ الْخِنْزِيرِ وَمَا أَهَلَ لِغَيْرِ اللَّهِ بِهِ

**Sacrifice:** when the sorcery is done with sacrifices the person sees meat in his dreams or gatherings or sorcerers or rituals or sacrifice animals like sheep, bull, birds. Sacrifices can have the effect of capturing the soul of the victim so he seems to have lost his personality. Also, the victim can have many strange physical and health problems. Sorcerers perform strange rituals on animals before sacrificing resulting in a specific symptom for victim. E.g. if they beat the animals head, the victim will have epilepsy and doctors will not understand the cause. Surat 6 verses 162 -163

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا أَوَّلُ الْمُسْلِمِينَ

**There are many symbols that sorcerers used we cannot list all verses here. Visit website for more [www.shifaacenter.com](http://www.shifaacenter.com)**

## **5 WAYS TO DOMINATE DJINNS**

Allah has preferred humans over djinns because Allah says: “I am putting a khaleefa on earth” when djinns were already on earth: so, it is the man who is the khaleef of Allah and not the djinn. And when Allah created Adam, he asked Iblis to bow to him and did not ask Adam to bow to Iblis. All the prophets Allah sent were only humans, sent for men and djinns. So, we will explain in sha Allah that however a djinn attacks you, you can easily beat him and even kill him.

- 1- DREAMS: Most often, djinns attack people in dreams:** you see militaries, a dog, a bull or anything else attacking you. If you remember in your dream to say: “Bismillah! Allahu Akbar!” or read Quran, that will stop him and he will run away. You must hold him first and then read Ayat Kursi until he is dead; if he dies in the dream, he is really dead. How to remember in your dream to catch him and read? You must prepare yourself before sleeping. After your regular azkar, read many times: **أَيِّنْ مَا تَكُونُوا: يَأْتِ بِكُمْ اللَّهُ جَمِيعًا إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ** “Aynama takunu ya’ti bikum Allahu jamee’an, inna Allaha ‘ala kulli shay’in qadeer” (Baqara 148) which means: “Wherever you are, Allah will bring you all, for Allah is Almighty”, and ask Allah to bring you your enemies in your dreams and to give you the strength to beat them. Even if it is someone else having the djinn problem, like your child having nightmares, your wife seeing a man sleeping with her, your mother hearing voices confusing her, you can do the zikr yourself and ask Allah to bring his djinn in your dream, and you will kill him and the person will be relieved. Even if you see the person making sorcery to you, just kill him in your dream with

your bare hands or a knife or by reading Quran, in sha Allah his evil will return against him.

**2- SLEEP:** Some people when sleeping will feel crushed and paralyzed: those are also djinns attacking people. If you feel that first of all catch him. How? Just close your hands, try to tighten your hands with the intention of holding him. Then you start reading in your mind – just leave your tongue as it is blocked: “Allahu la ilaha illa huwa alhayyulqayyoom...” until your tongue is released. Then you keep reciting loudly and hold tightly your hands until he is dead or maybe runaway.

**3- VISION:** It happens to see djinns, but very rarely. If it happens, djinns cannot appear or disappear while you are looking at them, so look at him fixing your eyesight on it and read ayat kursi until he is dead.

**4- POSSESSION:** Some people fall, scream, shake and djinns might speak through their mouths: they are possessed by djinns. It occurs more often to women because sorcery is mainly a matter of jealousy, harming people without any benefit, and that is mostly amongst women, also because sorcerers use male djinns more than females, and they like women to abuse of them; also, because women are more emotional – crying or fearing easily – than men so a djinn in a woman’s body can overtake her easier than a man. If you see that situation what is to be done? Hold the person, read Ayat Kursi near his ear and hit his neck with the edge of your hand gently as if your hand was a sword and you are cutting his head off. After a few minutes, the djinn will feel his head being cut off and will run away and the person will wake up. Then you tell him: “Now we are going to ask Allah to bring him back so we will finish with him; we are not going to let him play with us, every time he will come and every time he will go” and recite Baqara 148 **أَيْنَ مَا تَكُونُوا يَأْتِ بِكُمْ اللَّهُ جَمِيعًا إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ** (Wherever you are, Allah will bring you all, for Allah is Almighty)

until he is back. When he is back, the situation has reversed: instead of the djinn possessing the man, it is the man possessing the djinn because we have brought him by the will of Allah and the power of Quran; and this time we will read Kursi and hit his neck and he cannot escape, until either he dies or he becomes muslim. Then we tell the person we are going to ask Allah to bring all the djinns remaining where he came from: house, sorcerer, ancestors' pacts etc, and read "aynama" until they come all, then give them daawa to become muslim. If the patient went through that, he can catch any jinns by the will of Allah.

Jinn catching is a technique that allows us to treat people faster and remove sorcerers' jinns & break their power. Alhamdulillah, after a lot of suffering of raaqis and patients with jinns and sorcery for many years, we now have the means to beat them. Jinn catching allows us to be offensive in fight against sorcery and sorcerers and not defensive, Allahu Akbar!

- 5- **MENTALWAY:** For example, if you have too much sexual dreams and you understand it is djinns, before sleeping, speak to them, say: "you djinns who come in my dreams, come here, I want to speak to you", that will compel them to come. Then you read soorat Arroom verse 21 about 30 times and that will show them marriage with humans is wrong and they will find happiness with djinns.

## PROFESSIONAL TREATMENT

Professional treatment can be sought if your personal treatment is not working or cannot be done or persons are possessed by jinn.

Professional treatment can be carried out by qualified raaqis or a person proficient in doing ruqyah. Ask the Scholars about healers and their methods if you do not know.

<https://shifaacenter.com/wp-content/uploads/2021/11/Ruqyah-fatwa-approved.pdf>

Professional treatment includes **Ruqyah hijama** (Wet cupping and quran recited upon patient efficiently) Treatment may also include administering **prophetic herbs** (Tibbnabawi), **Quranic edible prints for diluting making quran water** easily and efficient.

Professional treatment may also include **psychotherapy & counselling**. Also, optional **Shaikh Ben Halima jinn catching method**.

## ***HIJAMA WET CUPPING***

I must take this opportunity to mention about Hijama. Hijama or wet cupping involves the application of sterile cups using manual vacuum pumps to certain points on your body. Once cups are in position blood is drawn into the cups through small skin incisions/scratches made prior. The aim of Hijama is to extract stagnated or congested blood from certain points around your body. The theory is that such blood could slow down the delivery of much needed oxygen, mineral electrolytes, vitamins, enzymes, immune system cells & antibodies to your cells, tissues and organs. With stagnated or congested blood present in your body; your cells, tissues and organs may not function at the best and so latter become progressively weak, inefficient or easily overcome by Bacteria, Infection etc.

Hijama or wet cupping is known to treat many ailments such as body pains, paralysis, psoriasis, gout, arthritis, pcos etc. It improves blood circulation, blood detox & pain relief.

Hijama is a sunnah of our prophet Muhammad sw.

“Indeed, in hijama (cupping) there is a cure”. – Saheeh Muslim

“Indeed, the best of remedies you have is hijama (cupping)”. – Saheeh Bukhari

“Hijama is the most helpful procedure for human beings to cure themselves”. – Saheeh Bukhari & Muslim

The importance of hijama in the divine guidance can further be stressed by the following words which were related to the Prophet SAW on the night of Israa (ascension to the heaven) by angels: “O Muhammad, encourage your ummah (people) to do hijama (cupping)”. – Saheeh, Sunan Tirmidhi.

The Prophet Muhammad (Allah’s peace be upon him) is reported to have had hijama performed on his head for a headache [Bukhari], on his foot after a sprain [Ibn Majah], on his neck [Abu Dawud], on his hip for hip pain [Abu Dawud] and between his shoulders for detoxification [Ahmed].

Abdullah ibn Abbas (may Allah be pleased with him) reported that the Prophet (Allah’s peace be upon him) said: “I did not pass by an angel from the angels on the night journey except that they all said to me: Upon you is cupping (hijama), O Muhammad.” [Saheeh, Sunan ibn Majah]

“The best medicine with which you treat yourselves is cupping, or it is one of the best of your medicines.” Or “The treatment for you is cupping.” [Bukhari: 5371]

Ibn Al-Qayyim mentioned in Zaad al-Ma'aad how Hijaamah (cupping) benefits in curing magic. He said before the quote you mentioned that: “Abu 'Ubayd mentioned in his book “Ghareeb Al-Hadeeth”, with the chain of narration going back to 'Abdur-Rahmaan ibn Abu Layla, “that the Prophet (SW) had Hijaamah performed on his head when he was bewitched with magic.”

*Hijama combine with ruqyah recited on to patient is most efficient in removing sorcery and jinns from the body.*

**BEWARE OF THE FOLLOWING IN SEEKING PROFESSIONAL TREATMENT:**

Taweez/amulets to hang in house/body (we have found 90% of writings in taweez contain strange writings such as numbers, grids, symbols, unreadable things). Jinns in bottles. 'Tying house and land'. Male healers touching female patients. Drinking doubtful things from healers. Paying a lot of money disguised as 'qurbani, sadaqa etc.'. Giving healers your belongings. Not hearing or knowing what healer is doing or saying. Healers helping you through strange unseen methods e.g., over the phone. Healers giving or using strange things e.g., salt, candles, oils, books, sticks, mirrors, threads etc. Healers making you take oaths not to say and asking strange questions like names of parents & age etc.

**PREVENTION IS BETTER THAN CURE**

**SAY:**

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ  
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Audho billahi minashshytaanir rajeem. Bismillahir-Rahman nir-Rahim

Before eating/drinking. Before undressing. Before entering toilets/bathrooms/vehicles/houses. Mention Allah when praising people and things.

**DUA IN MORNINGS AND EVENINGS:**



بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي  
السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

*Bismillāhi al-ladhī lā yaḍurru ma'a ismihi shay'un fī al-arḍi wa-lā fī  
al-samā'i wa-huwa al-samī'u al-'alīm.*

In the Name of Allah, with Whose Name nothing is harmed on earth nor in heaven, and He is the All-Hearing, the All-Knowing.  
(Repeat 3 times) [Abū Dāwūd and al-Tirmidhī]

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

A'ūdhu bi-kalimāti Allāhi al-tāmmāti min sharri mā khalaq.

I seek refuge in the Perfect Words of Allah from the evil of what He has created. (Repeat 3times) [Muslim]

**AFTER EACH PRAYER:** Recite Ayatul kursi, Iklass, falaq and naas. (3 times after fajr and maghrib)

**BEFORE SLEEPING:** Recite Ayatul Kursi & 3times Iklass, falaq and naas and blow in hands and pass over oneself.

**STAY AWAY FROM SINS!**





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