

# Curing yourself from Sihr with Ruqyah

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## Risks:

There are no risks in curing yourself or family with Ruqyah the risks start when you treat other people.

Ruqyah cures three things among many others:-

1. **Sihr**
2. **Jinn**
3. **Evil Eye**

These three illnesses are known through 4 symptoms:-

1. **Blockages in life:** - Your life is blocked, you can't earn money, you can't get married, you can't have kids, you can't study, you can't pass exams, whatever you try to do is not working, when people come to help you they won't help you, so whatever you are trying to do is not working out.
2. **Unusual illnesses:** - You have pains illnesses funny pains which are unexplainable. You go to doctors they don't understand you make an analysis they don't find anything and you take medicine and it's not going. So it's something abnormal.
3. **Unusual Mental States:** - You get angry too much, you get depressed, you get scared fear every little thing, you can't focus on something, you can't learn, you keep forgetting everything, you can be hearing things seeing things which can lead all the way to madness.
4. **Nightmares:** - Having bad dreams, whatever is done in sihr will appear in your dreams for e.g.
  - **Sihr done in graveyards:-** Is done to block your life and will make you like a dead person. So your tired you don't want to do anything just want to lie down. Even if you sleep when you wake up your still tired. You be depressed you don't have any pleasure or taste in life. You will also be thinking about death or suicide and will be dreaming about dead people. You will see dead people alive or alive people dead or yourself dead or you can see graves or funerals by any means you see things related to death.
  - **Sihr put into water:** - This is done so your life is wasted like water like a river going into the sea. Or you can't construct anything in your life it's as you are building something in the water So whatever you are trying to build the water is removing it, or to make your money get wasted so when you get money it's like you are getting water in your hands by the time you raise them it is all gone. You will see water in your dreams you will see rivers or yourself standing in the rain,

you will see yourself swimming or drowning. Or\ living under the water, or seeing a tsunami by any means you will see something to do with water.

- **Sihr in a high place:** - They put the sihr in a high place for two reasons so they can take your mind over reality. So you will spend your time thinking wondering maybe fearing things, or imagining things, or changing minds, you can't focus on something pragmatic constructive and that will also envelope you so that you go round and round in your life. You try to achieve things but you always come back to a starting point and so you will go round and round. You will dream of yourself going up or flying or falling, or sometimes just as you are about to sleep you feel as if you are falling down. You will be dreaming about heights.
- **Sihr in the toilet:** - you will see toilets or see yourself doing waste in the toilet. Your dreams will be related to the toilet.

## Treatment

Take 20lts of water, 1 liter of oil, incense

Read 11 times minimum:-

- Fatihah
- Qursi
- Ikhlas
- Falak
- Naas
- Al Araf 117-122
- Yunus 81-82
- Ta Ha 68-70

Read the following ayats on water oil and incense for drinking washing spraying, massaging and fumigating the body

- **Water 20lts-** drink 1 liter of water every day, spray the house walls, floors, ceilings, windows, doors, bed, utensils, spray business, wash your body everyday with 1 ½ liter of water collect water and feed plants don't allow to go in the waste.
- **Oil-** After washing with the water massage your body with the oil
- **Incense-** to smoke the body

According to hadith for protection we read the ayats in our hands and rub all of our body but once we are affected it is not enough and treatment is essential so reading on water is much more effective in curing. After which massaging the body with Quranic oil will keep working all night.

You can also read Quran on all the products you use to wash your house also all the water the people drink in the house and on the oil used for cooking also the food while it is cooking this will help especially for those people who refuse to have treatment done to them.

## Sihr

Sihr are just words that are said the sahir use knots they use dead thing as well as a lot of other things to make it stronger.

Our treatment is only Quran we use water, oil, incense to make it more powerful

There are 4 ways sihr is made.

1. **Eaten** – Eaten sihr are drops they put in food which once eaten become like glue in the stomach. The body will feel there is something strange and the body will attack it with acids until there is burning in the stomach and it leads to an ulcer. This makes the stomach to swell up, hard; it creates all sorts of digestive problem. Nearly all these digestive problems are due to sihr. A normal person should not have any stomach problems unless you eat too much or a person drinks too much alcohol. We treat this sihr with senna leaves. You can find them in Bengali shops Islamic shops or from Mecca Sharif. Boil 1 table spoon of senna leaves with ½ liter of Quranic water and boil for 10 minutes and drink on empty stomach. Keep drinking until there is no more pain. When a woman has sihr it will go onto the child as eaten sihr, this can make the child to be handicap but most of the time it makes the child to have bad temper to be disobedient, not obey their parents, not follow their studies, not like deen and also it makes them to be physically weak. If you notice these symptoms give them senna for 4 days. That will remove the sihr inshallah and he will become normal.
2. **Put in the body** – They send the jinn to put the sihr in the body which causes pains in the body and also dis-functioning for e.g. you can't understand anything at school or whatever you understand you keep forgetting. It can stop the woman from having children. We remove this by cupping hijamah. The Holy Prophet S.A.W said hijamah is shifa of 40 illnesses. In another hadith he said it is the treatment for sihr.
3. **Symbolic** – They take your hair they take your photo they make knots they put locks they take your photo put it in the graveyard or well. This is a big problem for rakis we treat each type of sihr with a certain ayats which we read in the Ruqyah to cure the type of sihr. There are 45 verses for 45 types of sihr. To treat this we ask the patient all his problems and we make hijamah in all the places he has pains except for stomach pains for which we give senna.
4. **By contact** – Most of the times it is walking over sihr it could be by accident or has been put there on purpose. Or it could be put in anything you use. For this kind of sihr we do hijamah and give the person water and oil to use.

## Jinn's

Man is much stronger and powerful than the jinn. That is why Allah commanded all the angels to prostrate in front of Adam A.S

When you see jinns in our dreams for us it is a dream for them it is reality. When shaytaan makes was was he is speaking but for us it is thoughts what is speaking for them are thoughts for us. When we speak and read Quran that can burn them that can kill them so speaking for us is action for them. However a jinn tries to attack a man we can always beat him and even kill him.

## Jinn Catching

Most often jinn's come in our dreams. You see people chasing you, snakes, dogs, bulls, military if in your dreams if you just remember to say bismillah allahu akbar to ask Allah s.h.w.t. to help they will run away. So you must catch him first then read aytul qursi until he is dead. If he's dead then in reality he is really dead it is finished. How to do this in your dream we must prepare yourself first before sleeping. Firstly you should make your night azkar read aytul kursi ikhlas falak naas three times rub all over body as Sunnah of Holy Prophet S.A.W after add the verse from surah bakarah 148. Repeat this verse again and again. Ask Allah to bring the jinn in your dream and have the anger to hunt him and kill him. So if he appears just catch him & keep reading until he is dead. Even if his family or others come to take revenge it will be easier to kill them too the same way.

- Read ayat 148 Surah Bakarah excessively before sleeping asking Allah s.h.w.t to bring the jinn or sahir in your dream and give you the power to catch them and kill them
- The people who have done sihr on you , you can't forgive them because Allah s.h.w.t has said whoever has done sihr has committed shirk

5 ways to kill jinn's and shayateen:-

1. In your dream
2. When you're about to sleep you feel a very heavy weight on you. When you feel this it is jinns attacking you. You must catch them first. The way to catch them while you are paralyzed yourself is to just try to close your hands then start to read in your mind. If your tongue is paralyzed then read aytul kursi in your mind until your tongue is released. Then once your tongue is released you keep your hands closed and read aytul kursi in a loud voice until he is dead. You may not know if he is dead or he has run away but either way he will not come back inshallah.
3. When jinn's appear in our lives. This is very abnormal but it has happened to some sahabis. Firstly jinn's cannot appear or disappear when you are looking at them. So if you are looking away at something and when you turn you see something you don't know what it is then it can't escape as long as you keep looking at it. SO stare at him and fix your eyes on him and begin to read aytul kursi inshallah he will die

4. Is when someone is possessed- the jinni is speaking screaming want to kill her I'm married to her so on. This usually happens to women more. The reasons for this are that women have more jealousy and they want to ruin the other for no gain or outcome other than hurting the other person. Secondly sahirs usually use male jinn's to do their work. These male jinn's like women to abuse and use them. Thirdly women are weaker than men in the sense that women easily scared than men and women cry easier than men. That's why when a jinn is in a women's body he can overtake it easier than a man. These are the reasons why it happens more to women but it can also happen to men. If this happens you hold the person and read aytul kursi on him or her and you hit his or her neck with your hand just gently not hard as if your hand was a sword and your chopping his or her head off. Do that after every few minutes inshallah the jinn will feel his head being cut off and will run away and the person will wake up. So as the person wakes up we will inshallah tell the patient that we will bring the jinn back so he can't mess with you every time he feels like it. You read ayat 148 surah bakarah until the jinn is back. Now that the jinni is back the situation has reversed. It is not the jinn possessing the person anymore now it is the person possessing the jinn because we have bought him by the power of Allah and the words of Allah s.h.w.t. Once he is back we will read aytul kursi and hit his neck as he cannot run away like the first time as he is now our prisoner, we will continue until either he becomes Muslim or he dies. After this what we do is we tell the person we will ask Allah s.h.w.t to bring all the jinn's from where this one came from, if it is the jinn from the house we will get the remaining jinn's from the house, if it is a jinn a sahir has sent we will get the remaining jinn's with the sahir, or other situation we will call all of them by reading the ayat 148 surah bakarah and will discuss with them until they become Muslim or die. That is the way we solve the problem from its source mashalah.
5. Is the mental way- If someone is having too much sexual dreams and it is not normal, to cure this inshallah what you do is you speak to the jinn before sleeping, you say ay jinn you keep coming in my dreams come here I want to speak to you. When you call them that way that will compel them to come, they will have to come because this is how the jinn's function in their world for e.g. if someone is playing a game and you tell him leave the game come listen to me even though he is playing but he won't be able to concentrate on the game while I am talking to him. So when you tell jinn to come and listen they will have to come and listen. Then you read verse 21 surah rooh, when you read this ayat to him which explains that Allah has made male humans for female humans and male jinns for female jinn then he will understand that it cannot work between him and you or the patient. Then you repeat that 30 times and then tell him if I see you again in my dream I will kill you and go to sleep at that and inshallah your problem will finish.

If you feel you have jinn's interfering in your life you can mentally speak to them and turn them into Muslims to do that use verses of the holy Quran don't speak to them too much because they are not so intelligent but read the verses of the Quran that will affect their body's and they will inshallah embrace Islam